

## **St. Gabriel's Church Confirmation Packet**

\*\*\*This packet is to be completed solely by the teen seeking the Sacrament of Confirmation. Please complete this packet and bring it with you to your Confirmation Interview. If you have any questions, contact your Youth Minister.

### **Statement of Intention**

I, \_\_\_\_\_, hereby state that I understand and wish to receive the Sacrament of Confirmation.

\_\_\_\_\_ I have actively prepared to receive the Sacrament of Confirmation.

\_\_\_\_\_ I understand that I need to be in a state of grace (free from mortal sin) to receive this Sacrament.

\_\_\_\_\_ I intend to continue practicing the Catholic faith, living by the precepts of the Church.

\_\_\_\_\_ I am prepared to renew my baptismal promises.

\_\_\_\_\_ I am prepared to be responsible for my faith, and continue to grow in knowledge of my faith.

\_\_\_\_\_  
Signature of Candidate

\_\_\_\_\_  
Date

## **Confirmation Saint**

When receiving the Sacraments of Baptism and Confirmation, the faithful can choose a person, declared by the Church to be in heaven, to be of special help to them throughout their life. This person can be either a Saint or a Blessed. Please note that as angels did not live a human life, while they are in heaven they are not a human person and therefore should not be selected as a Confirmation Saint. Prayerfully choose a Saint to help guide you and intercede for you, either the one chosen for you at your Baptism, or a new one. Read about their life, begin to pray with them, and then briefly write about them here. You will be confirmed with this name.

Name of Confirmation Saint: \_\_\_\_\_

Why I chose this Saint:

A background or description of this Saint:

The following questions are to ensure that those seeking the Sacrament of Confirmation have a basic working knowledge of the Catholic faith. Please answer them to the best of your ability.

**1. How long should the faithful fast (except for medical reasons) before receiving the Eucharist?**

**2. What are the 3 Sacraments of Initiation?**

**3. Who are the Persons of the Trinity?**

**4. What are the requirements for a sin to be mortal?**

**5. While Mass is offered every day of the year (except Good Friday), when are the faithful obligated to attend Mass?**

**6. How frequently must the faithful make a good Confession?**

**7. What are the 4 parts of a good Confession?**

**8. A Catholic must be in the state of \_\_\_\_\_ when receiving a Sacrament (aside from Reconciliation or Baptism).**

**9. How often and in what season must the faithful receive the Eucharist?**

**10. List the 7 Sacraments of the Catholic Church and what/who they are for:**

**11. Use the back of this page (or attach another) to explain something about Catholicism that isn't listed here but that you found interesting, challenging, or inspiring. The topic is entirely up to you but contact your Youth Minister if you have questions or need ideas.**